

dance revolution

HOT, SEXY, ENERGETIC AND LOADS OF FUN, THE SMOOTH GROOVES OF SALSA ARE AT LARGE IN SOME OF BRISBANE'S HOTTEST NIGHT SPOTS.

BE TRANSPORTED to the dark and alluring atmospheric dance halls of Buenos Aires, experience the deep, pulsing French-Caribbean rhythms of zouk, and be dazzled by the sexy, exotic energy of Latin American salsa.

Vida Latina Dance Gym, one of the biggest and most prestigious Latin dance schools in Brisbane, hits a variety of venues each week to spread the passionate moves of salsa.

For a free mid-week groove, hit Chalk Hotel to salsa to the live DJ or kick off the weekend with a session on the banks of the river at Portside Wharf surround by luxe restaurants. And for a sultry Sunday session, Casablanca in Caxton Street provides latin music to swing your hips to.

If you want to brush up on your dance moves before pounding the floor, Vida Latina has a fantastic innovative dance gym, allowing anyone to step into the intoxicating world of salsa.

Its unique membership system gives students unlimited

access to classes held Monday to Friday.

Directors Lenny Beaza and Mio Takagi (pictured) are the creators of this concept, saying, "Our aim is to deliver the most comprehensive salsa dance teaching system in Australia."

Vida Latina's membership concept allows this to happen.

Lenny understands the value of continued training: "When learning a new skill, muscle memory plays a large part in the learning process."

By attending unlimited classes each week, students improve their skills quickly and are soon able to salsa around the dancefloor with confidence.

The classes focus on technique, posture, balance, leading and following as well as the actual steps. At the same time, the studio and its instructors aim to create a happy and relaxed environment that optimises learning.

Lenny and Mio keep the cost of membership "extremely



affordable" and view Vida Latina as not just a place to learn, but a place to make friends and stay active too.

"By sharing the vision and inviting students into the lifestyle of salsa rather than just learning a new skill, we give the keys to unlock the passion and expression behind the dance, and we foster a sense of community," Lenny says.

The skills learned in the studio transfer directly into the social realm of salsa, where before long you can hit the clubs and streets with friends and dance the night away.

Vida Latina Dance Gym
25 Railway Tce, Milton
557 Old Cleveland Rd, Camp Hill
p 3367 1680
www.vidalatina.com.au



Tables in all their diversity of form and function are beautifully represented at **Charcoal Interiors**. Contrasts between formal design elements and rougher textures using ancient timbers from old growth trees to imported European oak, allowing either a more detailed sophisticated or relaxed approach to suit your individual style of dining. Every facet increasing these high quality tables is important to ensure that they are not only pleasing to the eye, but also a pleasure to touch. **Charcoal Interiors** is an exquisite world within a warehouse. Enter for inspiration!



Charcoal Interiors at Designs on Doggett 18 Doggett Street, Fortitude Valley **P** - 3852 6002 **F** - 3257 7837 **www.charcoalinteriors.com.au**